

Autoimmunity in Immunodeficiency

A 1-year-old boy presented with recurrent attacks of severe life threatening infections since 5 months of age along with persistent diarrhea for last 3 months. He was visibly malnourished and had generalised erythroderma with scaling. Immunophenotyping from peripheral blood showed very low CD4⁺ and CD8⁺ count (9/ μ L and 94/ μ L,

respectively); CD4/CD8 ratio was 0.09. Immunoglobulin (IgM: 6 mg/100 mL, IgA: 6 mg/100 mL, IgG: 110 mg/100 mL, IgE :5.7 IU/mL) levels were below normal suggesting a diagnosis of severe combined immunodeficiency (SCID). This patient developed high fever, hepatosplenomegaly and pancytopenia (total leukocyte count $0.3 \times 10^3/\mu$ L, neutrophil 12 %, platelet count $78 \times 10^3/\mu$ L, hemoglobin 6.8 g/dL. Fasting triglycerides (342 mg/dL) and serum ferritin (9240 ng/mL) were raised, and bone marrow showed hemophagocytosis. Intravenous

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immunoglobulins were started along with antibiotics. General condition of the patient deteriorated and the patient expired in next few days.

Although it sounds paradoxical, an autoimmune phenomenon can complicate a pre-existing primary immunodeficiency disorder, thereby creating a diagnostic and therapeutic challenge to the caring physician. Cases like Autoimmune thrombocytopenia and Autoimmune hemolytic anemia in Common variable immunodeficiency [1], and Omen syndrome and Autoimmune thrombocytopenia in SCID [2] have been reported. Impairment of both central and peripheral tolerance is responsible for autoimmunity observed in SCID [3]. Treatment with immunosuppressive agents such as corticosteroids can exacerbate the infections associated with immunodeficiency disorders. So non-immunosuppressive agents such as Intravenous immunoglobulins and targeted monoclonal antibodies are

likely to be preferable [4].

BIPLAB MAJI AND PRIYANKAR PAL

*Institute of Child Health, Kolkata, West Bengal, India.
dr.biplab.maji@gmail.com*

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